

PARKINSON'S^{UK}
SCOTLAND
**CHANGE ATTITUDES.
FIND A CURE.
JOIN US.**



PARKINSON'S VOICE EXERCISE GROUP

Give your Parkinson's a Voice
- Breathe, Move, Sing and Socialise

On Wednesdays (starting 13 Sept), 10.45am - 12pm, on Zoom
Online sessions tailored for people with Parkinson's - family members welcome too.
Cost: £3 per session.

Have fun using and strengthening your voices together!

For further details, please contact Chloe on 0300 123 3679 or
cmacmillan@parkinsons.org.uk